



Adirondack Aquatic Center

The Northeast's Premier Aquatic Facility



Learn Heal Play Exercise Train Compete

About

Imagine a state-of-the-art aquatic complex that offers indoor, year-round aquatic services, activities and programs for community members and visitors at every age, from infant to senior. Adirondack Aquatic Center (AAC) was born out of the need to provide the greater Capital Region with:

- Learn-to-Swim Programs
- Diving Lessons and Competition
- Water Safety Instruction
- Lap Swimming
- Scuba Diving
- Water Polo
- Synchronized Swimming
- Water Aerobics and Fitness
- Aquatic Physical Therapy
- Programs for People with Special Needs

Furthermore, as a facility that will fully meet NCAA (National Collegiate Athletic Association) and FINA (Fédération internationale de natation) standards, AAC will have the opportunity to host high school and collegiate events, USA Swimming meets, US Masters Swimming competitions, USA Water Polo tournaments, USA Diving meets, USA Synchro events and more.

The multi-pool facility ensures uninterrupted community programming and classes during competitive events. The overall annual economic impact from events held at AAC is estimated to be in the tens of millions of dollars.

This complex will help our children gain valuable life-long skills and help our adults get and stay healthy. AAC will also significantly contribute to our local and state economies.



Facility Snapshot

- 80,000-square-feet
- Olympic-size pool, diving well, instruction and therapy pools
- Spectator seating
- Locker rooms
- Classroom areas
- Meeting rooms
- Exercise/weight room
- Studio/multi-purpose area
- Small retail shop
- Future outdoor pool and splash park

Community Benefits

- Drowning prevention
- Lifelong activity
- Gateway to aquatic sports
- Fitness for all ages and abilities
- Therapy and rehabilitation
- Water safety training and certifications

AAC Board of Directors

Kara Haraden | President
Mike Relyea | Vice President
Patty Rowledge | Treasurer

Laura Davis | Secretary
Sara Gregory | Member

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